

This week, we are pleased to be holding our Parent Consultation Meetings, offering both online and face-to-face appointments to suit families' needs. These meetings are an important part of our commitment to strengthening the partnership between home and school. When we work together, children are best supported to make the strongest possible progress in their learning. We hope that you have had the opportunity to read through the parent consultation reports and spend some time over the weekend looking at your child's work in preparation for the meeting. These discussions are most valuable when we can share insights, celebrate achievements, and identify next steps together. We are very much looking forward to meeting with you. Thank you, as always, for your continued support.

Reporting Your Child's Absence

If your child is unwell and unable to attend school, please ensure you contact the school office to inform us of their absence. It is important that you provide clear details about the reason for their absence; simply stating that your child is "unwell" is not sufficient. Providing specific information helps us determine whether the absence can be authorised and supports us in monitoring patterns of illness across the school. This is a vital part of keeping our school community safe and protected from the spread of illness and infection. This is particularly important in the current climate, where we remain on heightened alert for the signs and symptoms of illnesses such as meningitis. Your cooperation enables us to take appropriate action when necessary and to safeguard the health of all pupils and staff. Thank you for helping us maintain a safe and healthy school environment.

Scholastic Book Fair

Thank you to everyone who supported last week's bookfair.

Going on a Bear Hunt – Ellenor Charity Project

As mentioned in last week's newsletter, our school is taking part in 'The Dartford Bear Hunt' in support of the Ellenor Charity. We have a bear sculpture that will be part of a trail of bears around our local area. Our first fundraising activity is to design the images that will be painted on the bear. Your child has chosen one of our school Patron Saints to draw in the 'El Salvadorian' art style. This has been drawn in an art lesson at school. Today, they will bring a copy of their design home to show you. Please send a minimum donation of £2, in a named envelope for your child to enter the competition. The winning designs will then be painted on our bear, ready to take part in the trail. Thank you for your support.

New website

The new website has gone live this afternoon. While the content remains the same, it will look a little different and as time goes on, new pages and content will be developed. If you experience any difficulties accessing the site or information it contains, please contact the school office.

Stations of the Cross

Please join us each Friday after school at 3.30pm for Stations of the Cross in St Vincent's Church. It lasts just 30 minutes and offers a peaceful and meaningful way to come together during this important season.

YR Class Assembly

We look forward to welcoming the parents and carers of YR to their class assembly this Friday at 2.15pm.

School Meals menu

The summer school meal menu has been published and is attached to this newsletter for your information. Please spend some time looking at it with your child and discussing the meal options each day. If there are days that your child does not want a school dinner, parents are able to provide them with a healthy packed lunch.



23rd March
Spring 2026

This Sunday's Gospel tells the story of Jesus raising Lazarus from the dead. When Lazarus becomes ill, Jesus delays coming, and by the time he arrives, Lazarus has died. Despite the sadness of Mary and Martha, Jesus shows both compassion—by weeping—and divine power by calling Lazarus back to life.

This Gospel teaches us that Jesus is the source of life and has power over death, and it encourages us to trust in him even in difficult times. It reminds us that faith in Jesus brings hope, and that God can bring new life out of any situation.



**Loving Father,
we thank you for the gift of your Son,
Jesus, who is the resurrection
and the life.
In times of sadness, doubt, or difficulty,
help us to trust in you
as Mary and Martha did.
Strengthen our faith so that we may
believe even when we cannot see.
Bring hope to our hearts
and remind us that you can
bring new life out of every situation.
Through Christ our Lord, Amen.**

Congratulations to these children who won an award last week

St Anselm's Catholic Primary School

Daniel

Daniel you are doing such good listening and trying your best to concentrate. In Phonics, you work very well with your learning partner by making sure that you speak clearly and helping if they are stuck. Well done, Daniel.

Teacher: Mrs. Handley Mrs. D'Almeida 20.03.2026

St Anselm's Catholic Primary School

Michael E.

Michael, the adults in Year 1 are so impressed by the way that you have turned your behaviour around. You can now work sensibly in the classroom and this is helping you to make much better progress. You are trying hard with your writing which is now becoming much neater and you are working hard in the Maths lessons. Keep up this great work! You are a Superstar!

Teacher: Mrs. Scudlark Mrs. Hughes 20.03.26

St Anselm's Catholic Primary School

Tommy

Every morning you greet me with such an enthusiastic handshake and a real eagerness to help in class. This week, I've been impressed with your efforts in maths. You've been measuring accurately, comparing measurements carefully and working much more independently. It's been fantastic to see. You've shown that when you put your mind to something, you are capable of achieving great things. Keep it up!

Teacher: Mrs. Handley 20.03.26

St Anselm's Catholic Primary School

Michelle

Your enthusiasm in learning activities is a great motivator to those around you. You clearly love learning and enjoy all activities in school. This is a great example of Personal Excellence. This week we have particularly seen how you support and encourage those around you. In fractions, you worked well collaboratively to learn new, complex skills. Well done. Keep it up!

Teacher: Mrs. Kelly 20.03.26

St Anselm's Catholic Primary School

Oluwagbolahan

You have had a fantastic week! We have been impressed with the effort you have been putting into showing Respect and Friendship, trying to solve your own problems maturely using initiative. In the classroom, you have been offering help to others when you can and it has been lovely to see you trying to follow instructions more efficiently. Your participation in lessons is always wonderful; you share thoughtful ideas and use our oracy skills beautifully. We hope you keep this up, well done!

Teacher: Miss Smith 20.03.26

St Anselm's Catholic Primary School

Noah

This week, I have noticed a clear improvement in your 'Communication and Collaboration' skills. You have been making a conscious effort to share your ideas and listen to others during pair and group work. This has helped you to work more effectively as part of a team, and it is great to see your confidence growing when contributing to discussions. You are definitely beginning to take more responsibility for your own learning, so keep this positive attitude. I can't wait to see you shine more. Well done!

Teacher: Mrs. Ains 20.3.26

St Anselm's Catholic Primary School

David

David, this week has been an amazing one for you. You have shown how far you have progressed and produced some fantastic pieces of work, your newspaper report standing out as some of your best writing. You continue to astound me with your mathematical knowledge and the speed at which you complete calculations accurately. What is most impressive is that you achieve all of this whilst remaining humble and kind. I have felt incredibly proud of you this week and you should feel proud of yourself too. You are proving to be a brilliant role model to the rest of the class.

Teacher: Mr. Peacock 20.03.2026

Congratulations!

This certificate is awarded to

Year 4

for

being the top Doodling class this week!

Signed: Miss Svington 20.3.26

Congratulations!

This certificate is awarded to

Year 4

for

being the top Doodling class this week!

Signed: Miss Svington 20.3.26

Congratulations!

This certificate is awarded to

Year 3

for

being the top Doodling class this week!

Signed: Miss Svington 20.3.26

Congratulations!

This certificate is awarded to

Anashe (Y5)

for

getting the highest number of stars over the last week! (7/7)

Signed: Miss Svington 20.3.26

Congratulations!

This certificate is awarded to

Neriah (Y4)

for

getting the highest number of stars over the last week! (5/4)

Signed: Miss Svington 20.3.26

Congratulations!

This certificate is awarded to

Anashe (Y5)

for

getting the highest number of stars over the last week! (7/0)

Signed: Miss Svington 20.3.26

CONGRATULATIONS!

ON: 20.3.26

FOR: playing more than any other class this week!

Year 3

SIGNED: Miss Svington

CONGRATULATIONS!

ON: 20.3.26

FOR: playing more than any other class this week!

Year 5

SIGNED: Miss Svington

CONGRATULATIONS!

ON: 20.3.26

FOR: playing more than anyone else over the last week! (2/3 matches)

Samuel (Y4)

SIGNED: Miss Svington

NUMBOTS

Joanne

For playing more than anyone else during the last week! (38 rounds)

20.3.26 Miss Svington

Attendance Ted is awarded to

Y1

99% attendance 20.03.26

Punctuality Pup is awarded to

Y2 & Y6

99% punctuality 20.03.26

Lean and Green Award is awarded to

Y2

The most active class active on the way to school this week

20.03.26

KEY DATES

Monday 23rd March
Parent Consultation Week

Friday 27th March
YR Class Assembly 2.15pm

Thursday 2nd April
End of term 3 – school closes at 1pm

Monday 20th April
Term 5 begins

Snack Shack

PRICE LIST

- Piece of fruit 10p
- Welch's 30p
- Hot Chocolate 30p
- Smoothies 50p
- Rosary Beads £1
- Team wristbands £1
- Water bottles £2
- Spare water bottle lids 50p
- Meal Deal – Hot Chocolate and Welch's 50p
- Open Mondays and Wednesdays

Congratulations to these children who received the following PINs



Y5

Adaugo, Adriano, Alesha, Alphonse, Anashe, Chimbuikem, David, Diana, Dionne, Elias, Gabriela, Hayley, Jason, Jasper, Jayden, Jessica, Joshua, Kaja, Lizzie, Lottie, Matilda, Melissa, Michelle, Nina, Nissi, Noah, Sarah, Sean, Sofia, Tiernan



Y5

Adriano, Alphonse, David, Diana, Hayley, Matilda, Nina, Sarah, Tiernan



In the news this week

This week's news is about Pokémon, which is celebrating 30 years since it was first created. First released as a video game in 1996, it has since grown into TV shows, films, trading cards and apps enjoyed by millions of people around the world. Today, both children and adults continue to enjoy Pokémon in many different ways.

Things to talk about at home ...

- Why do you think Pokémon has stayed popular for 30 years?
- How do games, stories, or hobbies bring people together at home?
- Do you think something can be fun for both children and adults? Why?
- What are some of the things you find fun to do?

Which British Value?

RULE OF LAW



We respect the rules and laws of our society.
Laws help us to be safe and happy.



We often come across rules, whether in games or laws we need to follow. When we all **follow the same rules**, we create a fair and fun environment that helps every person feel included and valued.

Rainbow Curriculum Link

This story highlights how shared interests can bring people together across ages and cultures. In our Rainbow Curriculum, this connects strongly with the strand **Communication and Collaboration**. Games like Pokemon and other activities naturally encourage communication skills, such as listening, explaining ideas, asking questions, and sharing opinions. They also support collaboration, as children often learn how to cooperate, respect others' ideas, and build positive relationships when playing. Learning to talk, listen, share, and work together is an important skill that supports friendships, confidence, and lifelong learning.



This week's focus for Y3 & Y4:

Safe & unsafe touch (consolidation)

We revisited our learning on safe touch and had lots of thoughtful questions from the children, so we encourage you to continue these important conversations at home.

Talk together about:

- **Trusted adults** – Who your child can talk to if they ever feel worried or uncomfortable (both at home and at school).
- **Speaking up** – Practise simple ways to start a conversation, such as "I need to tell you something" or "Something made me feel uncomfortable."
- **Safe vs unsafe touch** – Reinforce that safe touch should never be a secret and should not make us feel worried, confused or uncomfortable.
- **Secrets vs surprises** – Remind children that surprises are fun and temporary, but **secrets about safety should always be shared** with a trusted adult.

These ongoing conversations help children feel confident, listened to and reassured that they will be supported if they ever need help.

In Culture Club this term, we are learning about Dartford.



Madame Österberg, whose full name was Martina Bergman Österberg, was a Swedish physical education teacher who moved to England to promote exercise and sport for women. In 1895 she moved her training college to Dartford, where women were trained to become physical education teachers.



At the college (now the site of North Kent College in Oakfield Lane), she introduced a version of basketball to her students. The students then adapted the game by playing it outdoors, adding nets to the hoops and creating new rules, which led to the development of the sport we now know as netball. Because these changes happened at the college in **Dartford is often described as the birthplace of netball.**

What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

WHAT ARE THE RISKS?

ALGORITHMIC EXPOSURE

Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.

WEAPONS AND CRIMINAL RISK

Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.

SHARING VIOLENT CONTENT

Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.

FEAR, ANXIETY, AND MARGINALISATION

Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts 'real-world' violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glamorise gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.

AVOIDANCE AND ISOLATION

Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

Advice for Parents & Educators

STAY INFORMED

Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.

TALK CRIME AND SAFETY

In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means there can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.

DISCUSS SOCIAL MEDIA

Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as reportharmfulcontent.com.

ENCOURAGE POSITIVE ACTION

Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via childline.org.uk.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.



#WakeUpWednesday

The National College

See full reference list on our website

@wake_up_weds

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Meningococcal Disease – UKHSA information for parents

Information for parents and carers

We are writing to update you on the current distressing outbreak of invasive meningococcal disease in Kent, and to reassure you about the low level of risk in your child or children's education setting.

About invasive meningococcal disease

Meningococcal disease (meningitis and septicaemia) is an uncommon but serious disease caused by meningococcal bacteria. The onset of illness is often sudden and early diagnosis and treatment with antibiotics are vital. While meningococcal disease can affect all ages, recent outbreaks have shown that **older children, teenagers and young adults** are more likely to be affected.

How invasive meningococcal disease spreads

Meningococcal infection doesn't spread very easily. The bacteria can only be passed to others through prolonged, close contact such as living in the same household.

People may be offered preventive antibiotics if they have had significant, close contact with someone with meningococcal disease in the last 7 days.

What UK Health Security Agency is doing

UK Health Security Agency (UKHSA) is leading a multi-agency management team to respond to this outbreak. Specialists at UKHSA are interviewing affected individuals and their families to help identify all close contacts and arrange antibiotics to limit spread. Any close contacts identified in early years or other educational settings will be followed up by the local UKHSA health protection team.

If you have not been contacted directly by UKHSA, the risk to you and your children is very low.

What you need to do

It is always important for parents and carers to make sure that children stay up to date with all their routine vaccinations, as these offer important protection against infectious disease outbreaks.

Parents and carers should also be aware and alert to the signs and symptoms of invasive meningococcal disease.

Signs and symptoms

Meningococcal disease can progress rapidly, so it's essential that parents and carers are alert to the signs and symptoms of meningococcal meningitis and septicaemia. You should seek urgent medical help if you or your child develops any symptoms of meningococcal disease.

- a rash that doesn't fade when pressed with a glass
- sudden onset of high fever
- severe and worsening headache

- stiff neck
- vomiting and diarrhoea
- joint and muscle pain
- dislike of bright lights
- very cold hands and feet
- seizures
- confusion/delirium
- extreme sleepiness/difficulty waking

Vaccination

There are several types of meningococcal bacteria that can cause meningitis. The current outbreak is caused by Meningococcal B (MenB). The MenB vaccine has been offered in the UK as part of the NHS vaccination schedule to young babies since 2015 (all children in year 5 and below) and has been shown to be effective. This means many children in primary school have already been vaccinated against MenB.

It is important to make sure that children stay up to date with all their routine vaccinations, as these offer vital protection.

The Meningitis Research Foundation

www.meningitis.org

Helpline UK 080 8800 3344

Meningitis Now

www.meningitisnow.org

Helpline 0808 80 10 388

or helpline@meningitisnow.org

Kind regards,

UKHSA and DfE



Would you like your Patron Saint design painted on our bear?

Bring a minimum donation of £2
to school, in a named envelope,
by Friday, to enter!



APRIL TO
OCTOBER 2026

NOURISH



SPRING INTO SUMMER MENU

MONDAY

Beef Bolognese Pasta 1
Cheese & Pesto Swirl 1,7 V
Jackets with a Choice of Toppings 7,8,9

Baked Wedges
Seasonal Vegetables

Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

TUESDAY

Macaroni Cheese 1,7 V
Chick Pea & Spinach Biryani VG
Jackets with a Choice of Toppings 7,8,9

Carrots
Mixed Peppers

Toffee Tart 1,7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

WEDNESDAY

Roast Gammon & Gravy
Meatfree Meatballs & Gravy 6 VG
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes
Cabbage
Swede

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Chicken Korma
Vegetable Korma VG
Jackets with a Choice of Toppings 7,8,9

Rice
Green Beans
Carrots

Chocolate Orange Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

FRIDAY

Fish Fingers 1,8
Wrap Stack 1,7 V
Jackets with a Choice of Toppings 7,8,9

Chips
Sweetcorn & Peas
Coleslaw 9

Lemon Drizzle Biscuit 1,6 VG
Yoghurt 3,7
Fruit Pots VG

WEEK ONE

13 April
4 May
1 June
22 June
13 July
31 August
21 September
12 October

WEEK TWO

20 April
11 May
8 June
29 June
20 July
7 September
28 September
19 October

WEEK THREE

27 April
18 May
15 June
6 July
14 September
5 October

Vegetable Str Fried Noodles 1 VG
Vegetable Burger in a Bun 1,5,6 VG
Jackets with a Choice of Toppings 7,8,9

Baked Wedges,
Carrots,
Peas

Honey Cake 1 & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Minced Beef Curry
Pesto & Pea Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Seasonal Vegetables

Summer Trifle 1,7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Roast Chicken & Gravy
Samosa Puff 1 VG
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes
Cauliflower
Carrots

Ice Cream 7
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Fajita 1
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Tomato Salisa
Green Beans

Carrot & Orange Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Salmon Fish Cake 1,8
Margherita Pizza 1,3,7 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas,
Grated Carrot

Oaty Biscuit 1,15 VG
Yoghurt 3,7
Fruit Pots VG

Mild Chilli Beef
Tomato & Herb Penne Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Peas
Mixed Peppers

Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Margherita Pizza 1,3,7 V
Loaded Cajun Bean Wedges VG
Jackets with a Choice of Toppings 7,8,9

Rainbow Rice
Sweetcorn
Coleslaw 9

Jam Roly Poly 1,6 VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

BRUNCH
Pork Sausage & Bacon 1,3,6
Or Vegetable Sausage 1 VG
Jackets with a Choice of Toppings 7,8,9

Brunch Hash Potatoes
Baked Beans
Tomatoes & Mushrooms

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Pie 1
Cheesy Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9

Crushed Potatoes
Seasonal Vegetables

Sultana Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8
Cheese & Bean Parcel 1,7 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas, Baked Beans
Cucumber Sticks

Caramel Cookie 1,7 V
Yoghurt 3,7,
Fruit Pots VG

St Andrews

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

AVAILABLE
DAILY

PARENT & FAMILY SUPPORT

Mental Health, Wellbeing and Safeguarding Resources

St Anselm's Catholic Primary School

Safeguarding Support at School

If you have concerns about your safety, your child's safety, or their wellbeing, please contact the Designated Safeguarding Lead (DSL).

Email: dsl@st-anselms.kent.sch.uk

If a child is in immediate danger call **999**.

Domestic Abuse Support

National Domestic Abuse Helpline

Call **0808 2000 247** (24 hours a day)

Chat: Mon–Fri 10am–10pm

[Domestic abuse support information](#)

Additional Support Services

Childline: 0800 1111 (24hrs)

Samaritans: 116 123 (24hrs)

[YoungMinds](#)

[Beat Eating Disorder Support](#)

[Kidscape](#)

Fast Track Counselling for Parents

North Kent Mind offers fast track counselling for parents.

£40–£45 per session with short waiting times.

[Visit service page](#)

Kooth – Free Online Mental Health Support

Free anonymous online counselling for young people aged 10–25. Available daily including evenings and weekends.

www.kooth.com

Parent support email: parents@kooth.com

