

Thank you to everyone who joined us to celebrate St Anselm's Day. It was a truly special occasion for our school community. The Mass was a lovely and reverent celebration, enriched by fantastic readings and joyful, uplifting singing. It was wonderful to see so many families come together in faith to honour our school patron and celebrate our St Anselm's School Family. The time that followed at the Irish Club was equally enjoyable with a good number of families attending, creating a real sense of community and togetherness. Thank you to all who helped organise the mass, and to everyone who came along and made it such a wonderful day. It is moments like these that help us to remember how special, caring and vibrant our school community is.

Healthy Eating

Parents received an email last week from Mrs Beckley, our Wellbeing Leader, which included a letter outlining our new Healthy Eating Policy, along with a copy of the policy itself. This policy is designed to support children's wellbeing, concentration and positive learning behaviours by encouraging balanced, nutritious choices at school, while remaining inclusive of different cultural food preferences. To help children understand these changes, they have also taken part in an assembly led by Mrs Beckley, where she explained the new expectations and the reasons behind them. She particularly focused on the impact that foods high in sugar can have on energy levels and concentration. While these foods may taste appealing and provide a quick boost of energy, they can lead to fluctuations in energy levels, making it harder for children to maintain focus and learn effectively over time. As part of this approach, we will be gently monitoring food brought in for break and lunch and offering guidance where needed. While we continue to encourage fruit or vegetables for snacks, the school tuck shop will still provide a small range of alternative items that meet school food standards. This will also help us keep track of the types of snacks children are choosing beyond fresh fruit and vegetables. If you have any questions or would like any support with this, please do contact us.

Pupil Sickness and Absence

We have recently seen an increase in the number of children attending school despite having been unwell, particularly with vomiting and diarrhoea. In some cases, children have been sent to school after being sick the previous evening or even on the morning before arriving. Unfortunately, this often leads to illness spreading quickly among pupils and staff, which impacts the wider school community. We fully understand that children can become unwell during the school day. When this happens, they will be cared for, kept comfortable, and parents or carers will be contacted to collect them as soon as possible. However, it is not appropriate to send a child to school if they have been sick or have had diarrhoea. In line with NHS guidance, children must remain at home for 48 hours after their last episode of vomiting or diarrhoea before returning to school. This is essential in helping to prevent the spread of infection. We ask for your support and cooperation in following this guidance to keep everyone in our school community safe and well. Please see the attached NHS poster for further information.

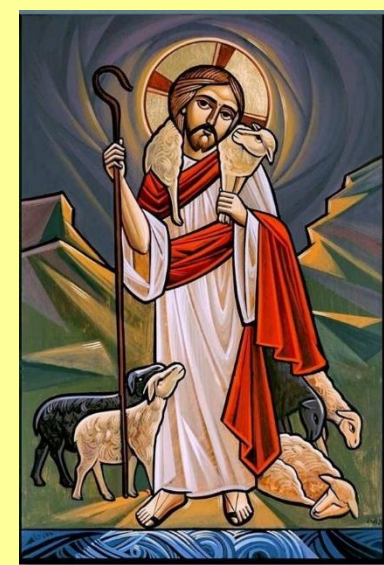
Summer term curriculum

Our class pages on the school website have now been updated to reflect this term's curriculum. On each page, you will find Knowledge and Skills Organisers which outline what is being taught, as well as the key knowledge children are expected to learn across each subject area. These resources are designed to give you a clear understanding of your child's learning and to help you support them at home. We encourage you to take some time to explore the class pages and become familiar with the curriculum for this term. We are aware that there may currently be a few glitches with the new website. If you experience any issues, please do let us know so we can address them as quickly as possible. Thank you.

'Trust in the Lord... and He will direct your path.' Adapted from Proverbs 3:5-6



In this week's Gospel, taken from John 10:1–10, Jesus presents Himself as the "Good Shepherd." This powerful image would have been very familiar to the people of His time. Shepherds were known for guiding, protecting, and caring for their sheep—leading them to safety and providing for their needs. When we listen to Jesus and follow His guidance, we are led toward a life that is full, meaningful, and rooted in God's love. In our daily lives, it can sometimes be difficult to know which voices to follow. We are surrounded by many influences—friends, social media, and pressures to fit in. The message of the Good Shepherd reminds us to pause and listen carefully for the voice of Jesus. His voice encourages kindness, honesty, forgiveness, and compassion.



**Loving Jesus, our Good Shepherd,
You know each of us by name and care
for us always.**

**Help us to listen to Your voice and
follow Your way.**

**Guide us to be kind, patient, and caring
to everyone we meet,
especially those who feel lost or alone.
Lead our school community in love and
unity each day.**

Amen.

Congratulations to these children who won an award last week

St Anselm's Catholic Primary School

Benjamin

You have been trying hard to listen, concentrate and follow instructions. In Phonics, you are writing faster and listening to the adult so that you form your letters correctly. Well done, Benji.

Teacher Mrs. Mandy Mrs. DiWells 24.4.2026

St Anselm's Catholic Primary School

Darren

Darren, you have become a valued member of the Year 1 class. You are well behaved and polite to any adults that work in our class. You have shown an understanding of the Pride Value - 'Respect and Friendship', in the way that you treat others. You are kind and friendly and you are always ready to help your classmates. The adults are also impressed with the progress that you are making with your reading. Keep up the good work! You are a star!

Teacher Mrs Snowden Mrs. Higgins 24.04.26

St Anselm's Catholic Primary School

Nayumi

You always treat everyone with respect and kindness. It's lovely to see how supportive you are - you truly value your friendships and make sure everyone feels included. You work well in class and help others understand their learning. Your contributions are growing and your fantastic vocabulary in English this week helped to elevate others' learning too. Thank you!

Teacher Mrs. G... 24.04.26

St Anselm's Catholic Primary School

Nathan

This week, we have really seen your 'Personal Excellence' shine! It is clear how hard you are working, to do your best in all activities. It was really great to hear all of your interesting information about listed buildings in Dartford! We have also noticed how you have been considerate to those around you, making sure everyone is included. Well done, keep it up!

Teacher Mrs Kelly 24.4.26

St Anselm's Catholic Primary School

Alice

It has been fantastic to see your improved focus and effort this week Alice. You have been pushing yourself in your independent work, striving for the best and tackling challenges head on. The way you have been asking for guidance in your work shows a real maturity in your learning. Respect and Friendship is a true asset of yours. You are always polite to everyone and encourage others to do their best. Keep up the good work, well done!

Teacher Mrs. S... 24.04.26

St Anselm's Catholic Primary School

Melissa

This week, your enthusiasm in sharing your bright and thoughtful ideas have been a clear example of how you can be an 'Inspiration' to others. You contribute with confidence and creativity, adding richness to our class discussions. You also always make sure that you are doing the right thing in tasks. Your integrity and focus truly set a wonderful example to others. Keep shining because your efforts are truly making a difference. Well done!

Teacher Mrs. Aina 24.4.26

St Anselm's Catholic Primary School

Elizabeth

This week, you have truly shown what it means to be a fantastic team player. In maths, you worked brilliantly with others, explaining your ideas clearly and helping your classmates to understand. Your support made a real difference to those around you. This positive attitude was also seen in other group activities throughout the week where you consistently worked well with others and contributed thoughtfully. You have demonstrated excellent respect and friendship, which are at the heart of our Pride values. Well done, Elizabeth! Keep up the wonderful work!

Teacher Mr. P... 24.04.2026

Lean and Green Award
is awarded to

Y4

The most active class active on the way to school this week

24.04.26

Punctuality Pup
is awarded to

YR, Y1, Y4 & Y5

99.1% punctuality 24.04.26

Attendance Ted
is awarded to

Y4 & Y6

100% attendance 24.04.26

Times Tables Rock Stars

ON: 24.4.26

FOR: playing more than anyone else during the last week! (90 minutes)

CONGRATULATIONS!

Samuel (Y4)

SIGNED: Miss S... 24.4.26

NUMBOTS

William

For playing more than anyone else during the last week! (63 minutes)

24.4.26 Miss S...

KEY DATES

Monday 11th May – 14th May

KS2 SATS

Wednesday 13th May

YR & Y3 Kent Life Trip

Thursday 14th May

Feast of the Ascension

Friday 15th May

Y4 & Y5 Leeds Castle Trip

Monday 18th May – 22nd May

Y6 PGL Trip

Monday 25th May

Half Term Week – School Closed

Monday 1st June

Term 6 begins

Tuesday 9th June

Class Photos

Saturday 6th June

First Holy Communion

Friday 12th June

Sports Day

Thursday 18th June

America Team Celebration Day

Saturday 27th June

PTFA Family Festival

Wednesday 8th July

KS2 Aladdin Production

Thursday 9th July

KS2 Aladdin Production

Friday 17th July

Leavers' Disco

Tuesday 21st July

Leavers' Mass

Last day of Term. School closes

1pm

Congratulations to these children who received the Stations of the Cross PIN



Y2	Y3	Y4	Y5	Y6
Eliana Gabriel D	Clara Great Zeph-Isaac	Dara Faith Joshua Neriah Tara Vienna	Elias Jessica Kaja	Angelina Emmanuel Hannah Olivia P



YR	Y1	Y2	Y3	Y4	Y5	Y6
Alexander Chetanna Diane Dre Elena Gabriela Lucas Mila Nellie Nelson Sienna Zuzanna	Alexandria Alicja Amelia Aram George Joanne Julia Logan Michael O Moradesola Seb Tudor	Colin Danny Elijah F Heidi Ivaniya Kendra Marcus Maya Pk Rita Rosie Rowan Santiago Wiktorija	Adele Anu Asoka Emilia Emma Giorgia Janoah Kenzou Kimya Luiza Octavian Olivia Oscar Tanisha	Alice Doneshia Isabel Kiki Maya Sommie Udolisa Victoria-Kelly Zara	Alphonse Dionne Gabriela Lottie Michelle Sofia	Adrian Amber Eliakim Eliza Francesco Isla Jade Maria Nancy Olivia J

Snack Shack

PRICE LIST

- Piece of fruit 10p
- Welch's Fruit-based snack 30p
- Popcorn 15p
- Smoothies 50p
- Rosary Beads £1
- Team wristbands £1
- Water bottles £2
- Spare water bottle lids 50p
- Fruit Ice Pops coming soon
- Open Mondays and Wednesdays



In the news this week

An 82-year-old runner, Eileen Hieron, has shown that age hasn't stopped her trying something new. She only started running in her 70s and ran her first marathon at the age of 74. Since then, she has completed nearly 10 marathons and even won her age group at the London Marathon. This Sunday, runners from all over the world will take part in the 2026 London Marathon, and stories like Eileen's are inspiring others to think about whether it's ever too late to try something new.

Things to talk about at home ...

- > Have you ever tried something new that felt difficult at first? What helped you keep going?
- > Do you believe age should matter when trying something new? Why or why not?
- > Is there someone you know who has tried something new later in life? What have they done?
- > Why do you think people take part in challenges like the London Marathon?

Which British Value?

INDIVIDUAL LIBERTY

We all have rights and responsibilities.
Our rights can change if we don't act responsibly.

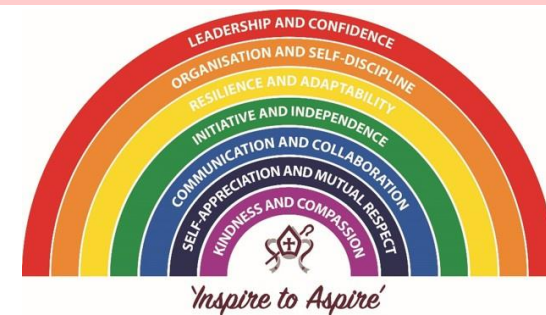
Individual liberty gives us the freedom to make our own life choices and pursue new challenges. We are free to choose our goals, which can shape our journey throughout our lives.

Rainbow Curriculum Link

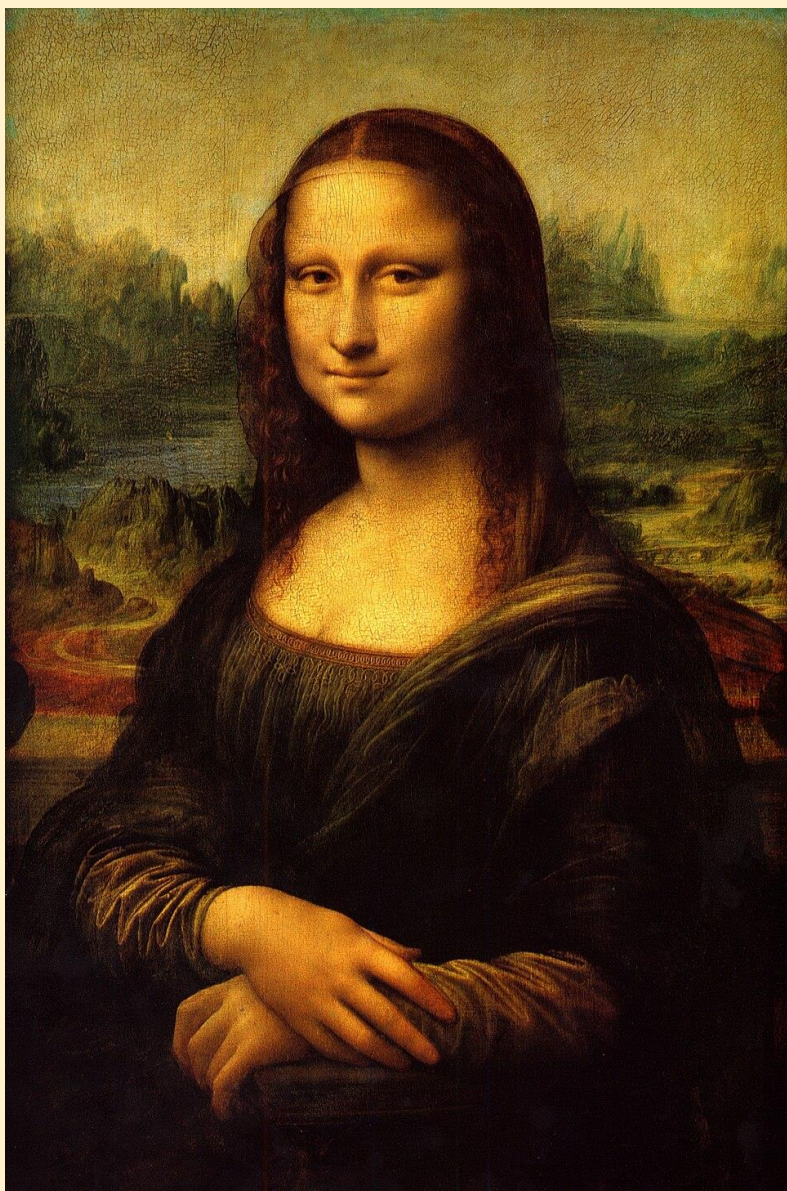
This story links strongly to our Rainbow Curriculum strand:

Resilience and Adaptability.

Eileen only began running in her 70s, showing great courage to try something new later in life. Despite the challenges, she persevered, completing multiple marathons and even winning in her age group—an inspiring example of resilience. Her journey also demonstrates adaptability, as she embraced a completely new skill, adjusted her lifestyle, and continued to grow and improve over time. Eileen's story reminds us all that it is never too late to take on new challenges, and that with determination and a positive mindset, we can achieve more than we might expect.



In Culture Club this term, we are learning about famous paintings.



The *Mona Lisa*, painted by Leonardo da Vinci over 500 years ago, is one of the most famous paintings in the world.

Leonardo da Vinci was an Italian artist and inventor who was very curious and interested in how things work. The painting is a portrait of a real woman called Lisa Gherardini. He painted in the Renaissance style, using a special technique called *sfumato*, which blends colours softly to make the painting look very real.

The *Mona Lisa* shows her with a calm face and a mysterious smile that seems to change when you look at it. Leonardo was never paid for the painting, so he did not give it to the person who asked for it. In 1911, the painting was stolen from the Louvre Museum, which made it more famous.

Today, The *Mona Lisa* belongs to the French government and is kept in the Louvre in Paris, where millions of people visit to see it each year.



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.

APRIL TO
OCTOBER 2026

NOURISH



SPRING INTO SUMMER MENU



MONDAY

Beef Bolognese Pasta 1
Cheese & Pesto Swirl 1,7 V
Jackets with a Choice of Toppings 7,8,9

Baked Wedges
Seasonal Vegetables

Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Vegetable Str Fried Noodles 1 VG
Vegetable Burger in a Bun 1,5,6 VG
Jackets with a Choice of Toppings 7,8,9

Baked Wedges,
Carrots,
Peas

Honey Cake 1 & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Mild Chilli Beef
Tomato & Herb Penne Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Peas
Mixed Peppers

Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

TUESDAY

Macaroni Cheese 1,7 V
Chick Pea & Spinach Biryani VG
Jackets with a Choice of Toppings 7,8,9

Carrots
Mixed Peppers

Toffee Tart 1,7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Minced Beef Curry
Pesto & Pea Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Seasonal Vegetables

Summer Trifle 1,7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Margherita Pizza 1,3,7 V
Loaded Cajun Bean Wedges VG
Jackets with a Choice of Toppings 7,8,9

Rainbow Rice
Sweetcorn
Coleslaw 9

Jam Roly Poly 1,6 VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

WEDNESDAY

Roast Gammon & Gravy
Meatfree Meatballs & Gravy 6 VG
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes
Cabbage
Swede

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Roast Chicken & Gravy
Samosa Puff 1 VG
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes
Cauliflower
Carrots

Ice Cream 7
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

BRUNCH
Pork Sausage & Bacon 1,3,6
Or Vegetable Sausage 1 VG
Jackets with a Choice of Toppings 7,8,9

Brunch Hash Potatoes
Baked Beans
Tomatoes & Mushrooms

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Chicken Korma
Vegetable Korma VG
Jackets with a Choice of Toppings 7,8,9

Rice
Green Beans
Carrots

Chocolate Orange Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Fajita 1
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Tomato Salisa
Green Beans

Carrot & Orange Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Pie 1
Cheesy Pasta 1,7 V
Jackets with a Choice of Toppings 7,8,9

Crushed Potatoes
Seasonal Vegetables

Sultana Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

FRIDAY

Fish Fingers 1,8
Wrap Stack 1,7 V
Jackets with a Choice of Toppings 7,8,9

Chips
Sweetcorn & Peas
Coleslaw 9

Lemon Drizzle Biscuit 1,6 VG
Yoghurt 3,7
Fruit Pots VG

Salmon Fish Cake 1,8
Margherita Pizza 1,3,7 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas,
Grated Carrot

Oaty Biscuit 1,15 VG
Yoghurt 3,7
Fruit Pots VG

Fish Fingers 1,8
Cheese & Bean Parcel 1,7 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas, Baked Beans
Cucumber Sticks

Caramel Cookie 1,7 V
Yoghurt 3,7,
Fruit Pots VG

St. Angelina's

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

AVAILABLE
DAILY

PARENT & FAMILY SUPPORT

Mental Health, Wellbeing and Safeguarding Resources

St Anselm's Catholic Primary School

Safeguarding Support at School

If you have concerns about your safety, your child's safety, or their wellbeing, please contact the Designated Safeguarding Lead (DSL).

Email: dsl@st-anselms.kent.sch.uk

If a child is in immediate danger call **999**.

Domestic Abuse Support

National Domestic Abuse Helpline

Call **0808 2000 247** (24 hours a day)

Chat: Mon–Fri 10am–10pm

[Domestic abuse support information](#)

Additional Support Services

Childline: 0800 1111 (24hrs)

Samaritans: 116 123 (24hrs)

[YoungMinds](#)

[Beat Eating Disorder Support](#)

[Kidscape](#)

Fast Track Counselling for Parents

North Kent Mind offers fast track counselling for parents.

£40–£45 per session with short waiting times.

[Visit service page](#)

Kooth – Free Online Mental Health Support

Free anonymous online counselling for young people aged 10–25. Available daily including evenings and weekends.

www.kooth.com

Parent support email: parents@kooth.com

