

Morning What time does the prison alarm go off? Clothes?	
Breakfast – queues – type of food? Delicious or disgusting? Hungry?	
Activities? Friends? Bullies? Any fights? What do the guards do?	
Lunch Do you help serve the food? Are there any fights?	
Activities Do you read? Play football? Do the others play by the rules? Any body look after you? Do you make a friend? How do you feel? Worried? Scared? Why?	
Dinner Another disgusting meal? Do you swap some of your food? Bed How do you feel? Lonely? Sad? Miss home or family?	

