



Physical Education

Netball

Area of Sport

Y6

Unit Focus: Choose and implement a range of strategies to attack and defend. Perform a wider range of more complex skills. Recognise and describe good performances.

Prior Learning: Used specific netball skills in games. Played effectively in different positions on the pitch. Both attack and defence. Increased power and strength of passes.

Concepts & Rules:

- Players must stay in the areas their position allows.
- The ball cannot be thrown over one complete third without being touched or caught by a player in that third



Umpire a game, explain decisions where necessary.



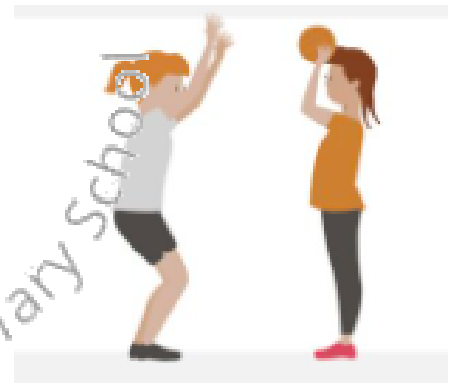
Anticipate, track and control a rebounding ball from a shot.



As a team, decide tactics to implement into the game.

Key Vocabulary/Skills:

Improve co-ordination.	Tactics, game plan, blocking, free
Mark the pass or shot.	Intercept, organisation,
Organise in and around semi-circle.	rebounds, zone, thirds,
Compete to win a rebounding ball.	areas, offside intercepting.
Stay active to intercept a pass.	



Inspiring Individuals



Helen Housby MBE
(1995- present)



Grace Nweke
(2002-present)

Equipment: Netballs (size 4), cones, bibs, stopwatch, goals and hoops.

Key Questions:

Why are rebounds so important for the attacker & defender?

What is intercepting? When do I Intercept?