



Physical Education HOCKEY

Y3

Unit Focus:

Play in hockey-type invasion game. Improve game-based agility. Manipulate objects, stick and ball with safety and control.

Prior Learning:

- Can send and receive balls in a variety of ways.
- Can recall and link combinations of skills e.g. running with a ball.
- Refine gross motor skills.

Rules:

- Not contact with ball and feet.
- Must hit the ball with the flat part of the stick on the head or shaft
- Do not swing and hit the ball
- Take a sideline ball in line with where the ball went out of play.



Implement some hockey rules into games.



Can stop and control the ball.

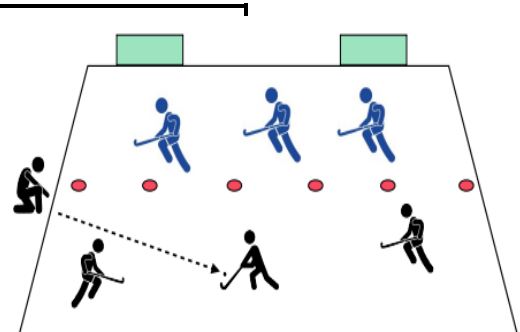


Work as a team to score points.

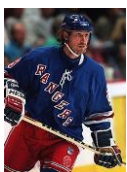
Key Vocabulary/Skills:

Flat side of the stick.
Ball carrier.
Close control.
Preparing to tackle.

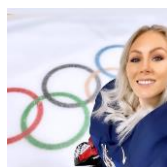
Shoot,



Inspiring Individuals



Wayne Douglas Gretzky
(1961 – present)



Meerie Raisanen
(1989 – present)

Equipment

Cones, hockey sticks, a range of balls, bibs, whistle.

Key Questions

1. Why is it important to have close control of the ball?
2. What part of the stick can we use to control the ball?
3. Why is our positioning as a defender important?