



Physical Education BASKETBALL

Y3

Unit Focus:

Perform some basic basketball skills, throwing, catching and dribbling. Build attacking/offensive play. Implement some basic rules of basketball.

Prior Learning:

- Recall and link combinations of skills e.g. dribbling and passing.
- Select and apply a small range of tactics.
- Developed power, agility, coordination and balance over a variety of activities

Rules:

- If the defender makes deliberate contact, attacker get free throw from the sideline in line with where the offense happened.
- Start the game with a jump ball/tip off.



Explain why we look to 1) shoot 2) pass, and 3) dribble.



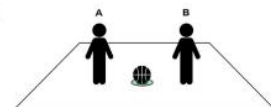
Use jump ball to start a game.



Assist teammates to shoot.

Key Vocabulary/Skills:

Dribbling	Control, bounce, dribble.
Passing in pairs	target, assist, pass.
Defensive body position	jump ball, attack, defend.
Jump Ball	shoot, offensive.
Basic two-handed shot	



Inspiring Individuals



LeBron James
(1984 – present)



Diana Taurasi
(1982 – present)

Equipment

Size 5 basketballs, cones, hoops, basketball posts, bibs, stopwatch, whiteboards

Key Questions

1. How do you start a new game?
2. What ways did you restart the game after a basket was scored?
3. As the referee when throwing in the ball what things did you have to consider?