

BRITISH VALUES

As part of our ongoing commitment to the British Values Curriculum and our unique *Rainbow Curriculum* here at St Anselm's, we invite you to read and this story with your children. Your involvement is crucial in reinforcing these values and qualities at home, so please take a moment to explore the themes and talk about them together. Let's work hand in hand to inspire thoughtful conversations and help our children be good friends, deep thinkers and morally responsible citizens with an active voice, who are informed to make positive contributions to society.



In the news this week

Space agency, Nasa, says two astronauts stuck on the International Space Station (ISS) won't return to Earth until next year. Sunita Williams and Barry 'Butch' Wilmore originally went on an eight-day mission but have currently been in space for three months. The Boeing Starliner spacecraft they were supposed to return on has a problem, so they need to wait for a different space capsule to bring them home in February. The astronauts will continue researching whilst they are there.

Things to talk about at home ...

- > How do you think the astronauts felt upon hearing the news that they would be staying much longer in space than originally planned?
- > Can you think of a time you were in an unexpected situation or a time when you needed to change your plans? How did you deal with it?

Which British Value?

INDIVIDUAL LIBERTY



We all have rights and responsibilities.

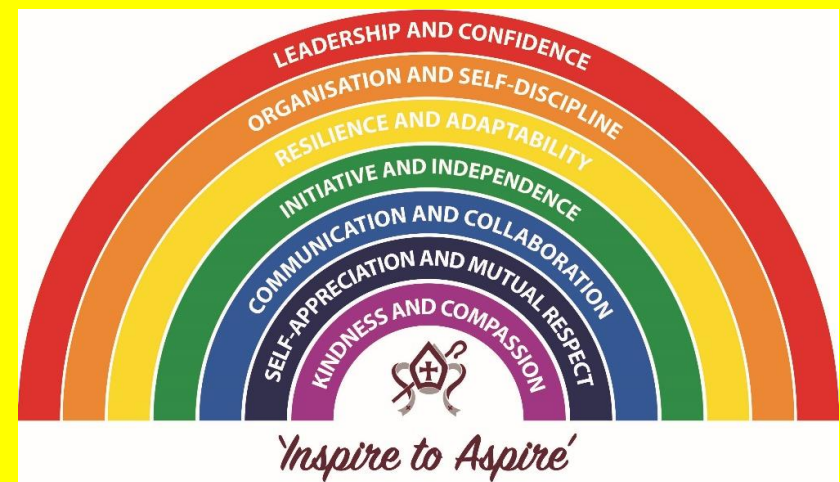
Our rights can change if we don't act responsibly.



What can we learn from this?

Unexpected events and situations happen in life that we cannot control. We can choose how we respond to them and be responsible for our actions.

Rainbow Curriculum Link



RESILIENCE AND ADAPTABILITY

What can we learn from this?

Resilience and adaptability are two of the most important skills that we need in life. When people are resilient, they are able to handle difficulties and not only recover from them but come back stronger. Resilience relates to our ability to recover from difficulty and continue whereas adaptability is about learning from these experiences and using them to create a new, more positive outcome. Sometimes things do not go as we had planned but how we respond to these situations will shape how we cope and help us to identify how and when we need to change our approach in order to experience success.

Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance