

BRITISH VALUES

As part of our ongoing commitment to the British Values Curriculum and our unique *Rainbow Curriculum* here at St Anselm's, we invite you to read this story with your children. Your involvement is crucial in reinforcing these values and qualities at home, so please take a moment to explore the themes and talk about them together. Let's work hand in hand to inspire thoughtful conversations and help our children be good friends, deep thinkers and morally responsible citizens with an active voice, who are informed to make positive contributions to society.



Can anyone break a record if they try hard enough?

In the news this week

Guinness World Records is celebrating its 70th anniversary this year. The book was first published in 1955, and is now sold in over 100 countries. Each year, it collects unusual and amazing records, from the fastest runners to the tallest buildings and silliest challenges. To mark its birthday, the 'global authority' on record-breaking achievements shared some records that no one has tried yet and is encouraging people to have a go.

Things to talk about at home ...

- > Ask someone at home whether they are familiar with the Guinness World Records. What records can they recall?
- > Discuss the skills required to break records. E.g., hard work and ability.
- > Think about something you would like to get better at this year. What goal could you set and how might you achieve it? Share with someone at home.

Which British Value?

INDIVIDUAL LIBERTY



We all have rights and responsibilities.

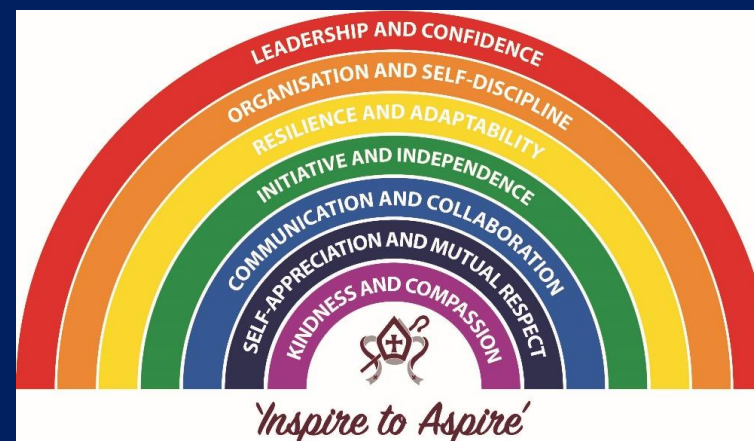
Our rights can change if we don't act responsibly.



What can we learn from this?

For 70 years, Guinness World Records has celebrated the many ways people shine. It shows us that we all have the freedom to follow our passions and try new things, and share what makes us unique.

Rainbow Curriculum Link



SELF-APPRECIATION AND MUTUAL RESPECT

What can we learn from this?

Guinness World Records celebrates people who push boundaries, try new things, and show off their unique talents. This encourages **self-appreciation**, because it reminds us to be proud of our own strengths, skills, and passions—whether big or small. At the same time, it highlights **mutual respect**, because it teaches us to admire and value the different abilities of others. By recognising achievements from all over the world, Guinness World Records shows that everyone has something special to contribute, and that diversity and effort are worth celebrating.

Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance