

BRITISH VALUES

As part of our ongoing commitment to the British Values Curriculum and our unique *Rainbow Curriculum* here at St Anselm's, we invite you to read this story with your children. Your involvement is crucial in reinforcing these values and qualities at home, so please take a moment to explore the themes and talk about them together. Let's work hand in hand to inspire thoughtful conversations and help our children be good friends, deep thinkers and morally responsible citizens with an active voice, who are informed to make positive contributions to society.



Can sport bring people closer together?

In the news this week

Running charity, parkrun, has announced a new project called parkrun primary, which is bringing junior running events closer to primary schools. The aim is to give children more chances to run or walk and volunteer on weekends in a fun, free, and inclusive way. Organisers say it's not just about fitness, but also about helping children build friendships, confidence, and life skills in their local community.

Things to talk about at home ...

- > Are there any parkruns near where you live? Have you or anyone in your family taken part in one? If not, would you like to?
- > What are some of the clubs or initiatives in your area that bring your local community together?
- > Alongside sport, what are some ways we can spend time with others?

Which British Value?

INDIVIDUAL LIBERTY



We all have rights and responsibilities.

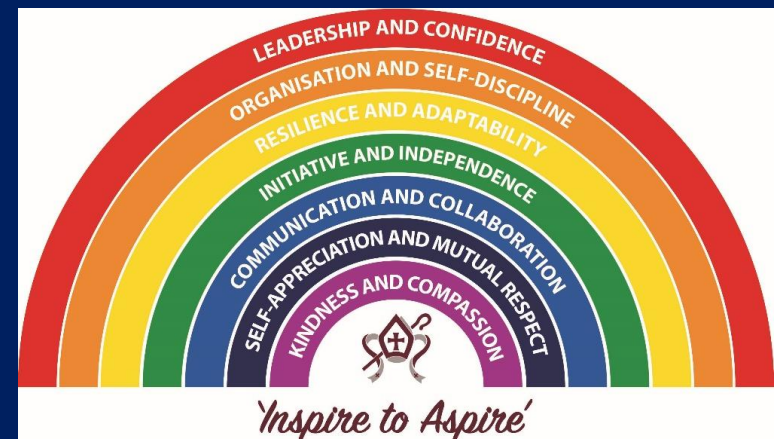
Our rights can change if we don't act responsibly.



What can we learn from this?

Parkrun is open to everyone, to have fun and look after their health. It encourages people to take part in their own way, enjoying the chance to run, walk, or volunteer together.

Rainbow Curriculum Link



COLLABORATION AND COMMUNICATION

What can we learn from this?

This project links closely to our school values of communication and collaboration. When children take part in parkrun, they practise communication by encouraging one another, sharing their experiences, and cheering on friends. These events are also built on collaboration, as children, families, and volunteers work together to make sure everyone feels welcome and supported. Just as parkrun aims to build friendships, confidence, and life skills, we too believe that learning to communicate well and to collaborate with others helps children grow into confident and caring members of their community.

Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance