

Week	Module and Unit	Unit Title	Year R Lessons and Objectives
1	Module 1 Unit 1	Religious Understanding	<p>Handmade with Love (5 x 15 minute sessions over 5 days)</p> <ul style="list-style-type: none"> •We are created individually by God as part of His creation plan •We are all God's children and are special •Our bodies were created by God and are good •We can give thanks to God!
2	Module 1 Unit 2	Me, My Body, My Health	<p>I Am Me</p> <ul style="list-style-type: none"> •We are each unique, with individual gifts, talents and skills. •Whilst we all have similarities because we are made in God's image, difference is part of God's plan!
3			<p>Heads, Shoulders, Knees and Toes</p> <ul style="list-style-type: none"> •Our bodies are good and made by God •The names of the parts of the body (not genitalia) <p>Ready Teddy?</p> <ul style="list-style-type: none"> •That our bodies are good and we need to look after them •What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene.
4	Module 1 Unit 3	Emotional Wellbeing	<p>I Like, You Like, We all Like!</p> <ul style="list-style-type: none"> •That we all have different 'tastes' (likes and dislikes), but also similar needs (to be loved/respected/ safe) •That it is natural for us to relate to and trust one another <p>Good Feelings, Bad Feelings</p> <ul style="list-style-type: none"> •A language to describe their feelings •An understanding that everyone experiences feelings, both good and bad •Simple strategies for managing feelings
5			<p>Let's Get Real</p> <ul style="list-style-type: none"> •Simple strategies for managing emotions and behaviour •That we have choices and these choices can impact how we feel and respond. •We can say sorry and forgive like Jesus
6	M. 1 Unit 4	Life Cycles	<p>Growing Up</p> <ul style="list-style-type: none"> •That there are natural life stages from birth to death, and what these are

Week	Module and Unit	Unit Title	Year R Lessons and Objectives
7	Module 2 Unit 1	Religious Understanding	<p><u>Role Model</u></p> <ul style="list-style-type: none"> •We are part of God's family •Jesus cared for others and wanted them to live good lives like Him •We should love other people in the same way God loves us
8	Module 2 Unit 2	Personal Relationships	<p><u>Who's Who?</u></p> <ul style="list-style-type: none"> •To identify special people (e.g. parents, carers, friends) and what makes them special •The importance of the nuclear family and of the wider family •The importance of being close to and trusting of 'special people' and telling them if something is troubling them <p><u>You've Got a Friend in Me</u></p> <ul style="list-style-type: none"> •How their behaviour affects other people and that there is appropriate and inappropriate behaviour •The characteristics of positive and negative relationships •About different types of teasing and that all bullying is wrong and unacceptable
9			<p><u>Forever Friends</u></p> <ul style="list-style-type: none"> •To recognise when they have been unkind to others and say sorry. •That when we are unkind, we hurt God and should say sorry. •To recognise when people are being unkind to them and others and how to respond. •That we should forgive like Jesus forgives.
10	Module 2 Unit 3	Keeping Safe	<p><u>Safe Inside and Out</u></p> <ul style="list-style-type: none"> •About safe and unsafe situations indoors and outdoors, including online. •That they can ask for help from their special people. <p><u>My Body. My Rules</u></p> <ul style="list-style-type: none"> •To know they are entitled to bodily privacy •That they can and should be open with special people if they trust if anything troubles them •That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest
11			<p><u>Feeling Poorly</u></p> <ul style="list-style-type: none"> •Medicines should only be taken when a parent or doctor gives them to us. •Medicines are not sweets. •We should always try to look after our bodies because God created them and gifted them to us. <p><u>People Who Help Us</u></p> <ul style="list-style-type: none"> •There are lots of jobs designed to help us. •Paramedics help us in a medical emergency. •First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance
12	Module 3 Unit 1	Religious Understanding	<p><u>God is Love</u></p> <ul style="list-style-type: none"> •That God is love: Father, Son and Holy Spirit •That being made in His image means being called to be loved and to love others <p><u>Loving God, Loving Others</u></p> <ul style="list-style-type: none"> •What a community is, and that God calls us to live in community with one another •Some Scripture illustrating the importance of living in a community •No matter how small our offerings, they are valuable to God and He can use them for His glory.
	Module 3 Unit 2	Living in the Wider World	<p><u>Me, You, Us</u></p> <ul style="list-style-type: none"> •That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community •That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen, etc. •That we have a duty of care for others and for the world we live in (charity work, recycling, etc.) •About what harms and what improves the world in which they live