

St Anselm's Year R Rainbow Curriculum

Theme	Objective
Self-appreciation	Develop ways of expressing what we like about ourselves.
Mutual Respect	Begin to understand that we are all different.
Communication	Begin to feel confident to speak in a familiar group and begin to listen to what others have to say.
Collaboration	Begin to recognise what being positive looks like and talk about ways of being positive towards others.
Initiative	Initiate play, offering cues to peers to join in.
Independence	Attempt to manage self-care independently.
Theme	Objective
Resilience and Adaptability Growth Mindset	Be introduced to the concept of growth mindset through the story 'The Magic of Yet.'
Resilience and Adaptability Resilience	Begin to understand why it is important to try at things. Ask for help with new learning.
Resilience and Adaptability Managing Feelings	Be introduced to the concept of feelings. Explore happy and sad feelings. Explore what it means to be calm. Identify ways to calm down. Be introduced to self-control of our thoughts, feelings and behaviour through Chimp Management.

Theme	Objective
Organisation	Developing basic skills of organisation.
Self-discipline	Begin to develop ways of expressing what contributes towards being healthy.
Leadership	Help another to complete an activity, seeking help where necessary.
Confidence	Begin to show confidence to try new activities, even if they are difficult.

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