



# Physical Education

# Send and Return

## Net/Wall Games

Y1

### Unit Focus:

Able to send an object with increased confidence using hand or bat. Move towards a moving ball to return. Sending and returning a variety of balls.

### Prior Learning:

- Pupils will have used a variety of balls, beanbags, bats and markers.
- Mastered basic running movements in different directions.

### Rules:

- Stop the ball from bouncing twice on your side of the net.
- If the ball bounces twice in your opposition's side of the court, you win a point.
- The ball must land within the boundary of the court.



Can describe how they worked with their partner to send and receive.



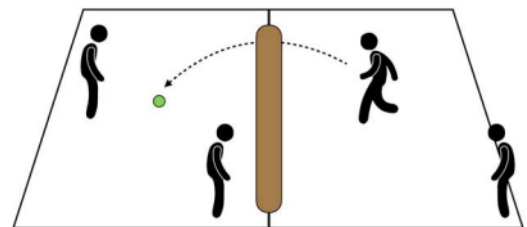
Chase, stop and control balls and other objects.



Work with a partner to send and return.

### Key Vocabulary/Skills:

Sliding and receiving a ball/beanbag.	Hit, send, collect, stop, net, throw, roll, strike, catch, bowl, feed, pick up, batter, hitter, forehand, backhand, court.
Explore different ways of sending a ball.	
Moving towards and returning balls.	
Work with a partner to receive and return.	
Scoring points against opposition.	



### Inspiring Individuals



Jhaniele Fowler  
(1989 – present)



Sabahudin Delalic  
(1972 – present)

### Equipment

A variety of balls, a variety of bats/racquets, cones, hoops, targets, button cones, quoits, balloons.

### Key Questions

1. How do you get accuracy in your hits/throws?
2. Where do you need to be to return a ball?
3. What do you need to do to get behind the ball?