



Physical Education BADMINTON

Y5

Unit Focus:

Use different types of serves & shots in-game. Play with others to score and defend points in competitive games. Move confidently around the playing area using footwork techniques.

Prior Learning:

- Explores and uses different shots with both the forehand and backhand.
- Demonstrated different badminton skills.
- Practise some trick shots in isolation.

Rules:

- All service must begin with the racquet below waist height.
- You cannot overhead serve.



Recognise how reaction time can impact play.



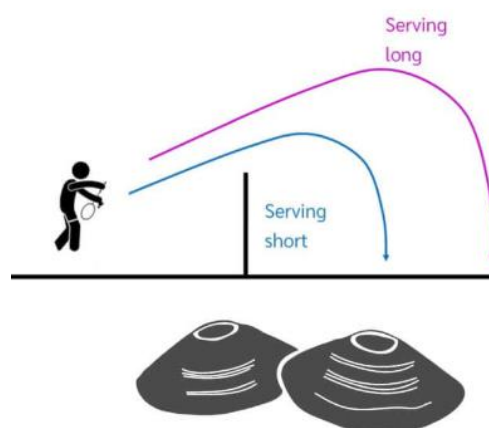
Demonstrate a variety of service shots in isolation and some game play.



Play with others with some flow to the game.

Key Vocabulary/Skills:

Moving opposition around the court.	Clear, overhead, cooperate, collaborate, lunge, shuffle, skip, run, backline, movement.
Play in singles games recapping rules.	
Perform service including forehand long and short.	
Close control.	
Play in games against others using a variety of badminton shots.	



Inspiring Individuals



Lin Dan
(1983 – present)



Tai Tzu-ing
(1994 – present)

Equipment

Badminton racquets, nets, shuttlecocks, cones, hoops, bench, throwdown markers.

Key Questions

1. Which techniques and shots did you find you used the most, why was this?
2. Why do you need different techniques to move around the court?
3. Could you send the shuttle further using forehand or backhand? Why do you think this was?