



Unit Focus:

Describe and explain how performers can transition from shapes and balances. Challenge themselves to move imaginatively responding to music. Work as part of a group to create and perform.

Prior Learning:

- Able to build simple movement patterns from given actions.
- Compose and link actions to make simple movement phrases.

Concepts:

- Solo is an individual dancing alone apart from others with independent movements.
- A duet is two people dancing together with complimentary and contrasting actions.



Show confidence to perform in front of others.



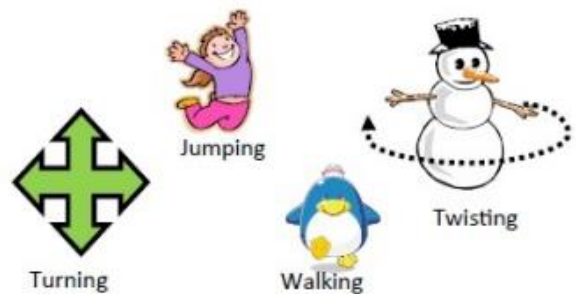
Show good timing with the music.



Attempt to work as part of a group to perform a dance.

Key Vocabulary/Skills:

Dance a solo.	Direction, huddle, group, mood, feeling, penguin, musicality, respond, galloping, flying.
Dance a duet.	
Explore creative footwork.	
Discuss how performance can develop.	
Respond to visual stimulus.	



Inspiring Individuals



Margot Fonteyn DBE
(1919 – 1991)



Rudolf Nureyev
(1938- 1993)

Equipment

Music player, music, cones, hoops, throw down spots, balloons, laptop with internet access.

Key Questions

1. What is the main mood/feeling you get from this dance?
2. What does it mean to perform as a soloist?
3. Explain what actions show the story.