



Physical Education

Send and Return

Net/Wall Games

Y2

Unit Focus:

Be able to track the path of a ball over a net and move towards it. Begin to hit and return a ball with some consistency. Play modified net/wall games throwing, catching and sending over a net.

Prior Learning:

- Develop sending skills with a variety of balls.
- Track, intercept and stop a variety of objects.
- Select and apply skills to beat the opposition.

Rules:

- Children can either hit with a racquet or their hand.
- Children must not run onto others courts to collect balls while they are in the middle of a point.



Decide on and play with dominant hand.



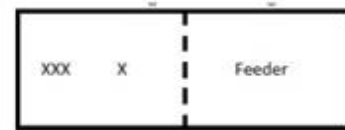
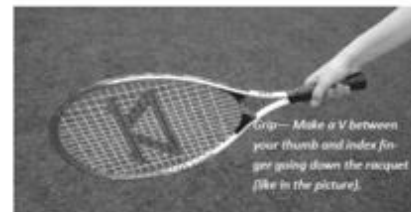
Take part in a rally.



Play in modified games with others to send and return a ball over a net/line.

Key Vocabulary/Skills:

On toes to move towards the path of the ball.	Serve, bounce, drop, badminton, tennis, volleyball, squash, shuttlecock, racquet
Identifying dominant and non-dominant side.	
Basic service rules.	
Perform with increased agility in a conditioned game.	
Able to self-feed to send a ball to a partner using a racquet.	



Inspiring Individuals



Fan Zhendong
(1997 – present)



Kerri Walsh-Jennings
(1978 – present)

Equipment

A variety of balls, a variety of bats/racquets, cones, hoops, targets, button cones, quoits, balloons, bench.

Key Questions

1. How do you hold the racquet differently for the different types of hits?
2. What is a self-feed?
3. What is a boundary?
4. Why do you think we have boundaries?