

## Spiritual Moral Social and Cultural Development through PE

<b>Spiritual development is promoted by supporting pupils to:</b>	<b>Moral development is promoted by supporting pupils to:</b>
<ul style="list-style-type: none"> <li>• enhance their knowledge and understanding of the body's performance during physical activities.</li> <li>• appreciate the body's vast physical abilities and human skills.</li> <li>• develop their understanding of the concept of 'endurance,' a Christian value, linked to resilience and perseverance while exploring the body's capabilities.</li> <li>• engage in creativity through activities like dance, expressing emotions and feelings in their performances. these expressions can be connected to their spirituality and faith.</li> <li>• explore strength, power, and energy, which can aid pupils in deepening their understanding of God.</li> </ul>	<ul style="list-style-type: none"> <li>• develop the ability to distinguish between right and wrong through fair play in sports.</li> <li>• learn the value of turn-taking and teamwork.</li> <li>• experience competitive situations which highlight the importance of justice and appropriate responses when others don't follow rules or contribute to the team.</li> <li>• umpire and referee games, enhancing their understanding of fairness.</li> <li>• explore exploration of conflict resolution, fair play, cooperation, forgiveness, and respect for competition.</li> <li>• learn the importance of maintaining a healthy lifestyle and staying active to care for their bodies.</li> </ul>
<b>Social development is promoted by supporting pupils to:</b>	<b>Cultural development is promoted by supporting pupils to:</b>
<ul style="list-style-type: none"> <li>• develop essential skills for working in teams or pairs.</li> <li>• be involved in team games or creating sequences in groups, promoting collaboration.</li> <li>• co-operate with others.</li> <li>• take on roles like leaders, coaches, or umpires to develop communication and leadership skills.</li> <li>• reflect on feelings of enjoyment and determination, working with peers to achieve common goals.</li> <li>• discover shared interests and extracurricular activities.</li> <li>• improve their confidence and foster the creation and development of friendships.</li> </ul>	<ul style="list-style-type: none"> <li>• unite people through the universality of sport and dance.</li> <li>• explore dances and games from different traditions and cultures, including their own.</li> <li>• recognise and discuss gender roles in sport at both elite and amateur levels.</li> <li>• Show compassion and respect for other cultures when exploring unfamiliar games or dances.</li> <li>• Discuss how culture influences the sports in which nations excel and the impact of traditions on male and female participation in sports.</li> <li>• researching influential individuals to educate and inspire pupils in PE.</li> </ul>