



# Growing and Cooking

Year 1



## Knowing More, Remembering More

### Remembering previous learning

**What are the main parts of a plant?** Some plants have roots, a stem, leaves and flowers.

**What is a seed?** A seed can be planted to grow into a new plant.

**What are trees?** Trees are a type of plant that has roots, a trunk, branches and leaves. Some trees have fruit.

## In this unit children will...

- Look at how some plants can be grown and eaten for food.
- Be introduced to farming and how fruit and vegetables can be grown on a large scale.
- Create ideas for meals using a variety of commonly grown fruit and vegetables.

## Working Scientifically:

- I.1 Ask simple questions.
- I.12 Answer simple questions.

## Key Learning Steps:

1. Where does my food come from?
2. What have I planted and grown this year?

## Key Vocabulary:

- crops
- fruit
- vegetable
- seed
- farmer
- plant
- cook

## Key Scientists and Sustainability Champions:



### Pope Francis

In his encyclical, *Laudato Si'*, Pope Francis encourages us all to be better stewards of creation and take better care of our world.



### Tilly Ramsay

An English television presenter, chef and social media influencer best known for presenting the BBC cooking show *Matilda* and the Ramsay Bunch: *Tilly's Kitchen Takeover*.

## Knowing More, Remembering More

### Knowing more in Y1

**Why are some fruit and vegetables grown?** Some fruit and vegetables can be grown for food.

**What are farmers?** Farmers are people who grow crops to be used as food.

**What is a fruit?** Fruit is the part of a flowering plant that contains seeds.

**What is a vegetable?** Vegetables are parts of plants that you can eat. Usually the stems, leaves and roots.

**What are crops?** Crops are plants that farmers grow to be eaten.

**Where does my food come from?** Many plants have parts that humans can eat.