

Week	Module and Unit	Unit Title	Year 1 Lessons and Objectives
1	Module 2 Unit 1	Religious Understanding	<p><b>God Loves You</b></p> <ul style="list-style-type: none"> <li>•We are part of God's family;</li> <li>•Saying sorry is important and can mend friendships;</li> <li>•Jesus cared for others and had expectations of them and how they should act;</li> <li>•We should love other people in the same way God loves us.</li> </ul>
2	Module 2 Unit 2	Personal Relationships	<p><b>Special People</b></p> <ul style="list-style-type: none"> <li>•To identify 'special people' (their parents, carers, friends, parish priest) and what makes them special;</li> <li>•The importance of nuclear and wider family;</li> <li>•The importance of being close to and trusting special people and telling them if something is troubling them.</li> </ul>
3			<p><b>Treat Others Well</b></p> <ul style="list-style-type: none"> <li>•How their behaviour affects other people, and that there is appropriate and inappropriate behaviour;</li> <li>•The characteristics of positive and negative relationships;</li> <li>•Different types of teasing and that all bullying is wrong and unacceptable.</li> </ul>
4			<p><b>..And Say Sorry</b></p> <ul style="list-style-type: none"> <li>•To recognise when they have been unkind and say sorry;</li> <li>•To recognise when people are being unkind to them and others and how to respond;</li> <li>•To know that when we are unkind to others, we hurt God also and should say sorry to him as well;</li> <li>•To know that we should forgive like Jesus forgives.</li> </ul>
5	Module 2 Unit 3	Keeping Safe	<p><b>Being Safe</b></p> <ul style="list-style-type: none"> <li>•To understand safe and unsafe situations including online.</li> </ul>
6			<p><b>Good Secrets and Bad Secrets</b></p> <ul style="list-style-type: none"> <li>•The difference between 'good' and 'bad' secrets and that they can and should be open with 'special people' they trust if anything troubles them;</li> <li>•How to resist pressure when feeling unsafe.</li> </ul>
7			<p><b>Physical Conduct</b> (Over 2 lessons)</p> <ul style="list-style-type: none"> <li>•To know that they are entitled to bodily privacy;</li> <li>•That there are different people we can trust for help, especially those closest to us who care for us, including our parents or carers, teachers and our parish priest.</li> </ul>
8			<p><b>Harmful Substances</b></p> <ul style="list-style-type: none"> <li>•Medicines are drugs, but not all drugs are good for us.</li> <li>•Alcohol and tobacco are harmful substances.</li> <li>•Our bodies are created by God, so we should take care of them and be careful about what we consume.</li> </ul>
9			<p><b>Can You Help Me?</b> (Over 2 lessons)</p> <ul style="list-style-type: none"> <li>•They should call 999 in an emergency and ask for ambulance, police and/or fire brigade</li> <li>•If they require medical help but it is not an emergency, basic first aid should be used instead of calling 999.</li> <li>•Some basic principles of First Aid</li> </ul>
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12	Module 3 Unit 2	Living in the Wider World	<p><b>The Communities we Live in</b></p> <ul style="list-style-type: none"> <li>•That they belong to various communities such as home, school, parish, the wider local community, nation and global community;</li> <li>•That they should help at home with practical tasks such as keeping their room tidy, helping in the kitchen etc;</li> <li>•That we have a duty of care for others and for the world we live in (charity work, recycling etc.);</li> <li>•About what harms and what improves the world in which we live.</li> </ul>