

St Anselm's Year 2 Rainbow Curriculum

Theme	Objective
Self-appreciation	Talk about our star qualities and think about how we could develop certain qualities.
Mutual Respect	Understand that all people have the same rights. Consider if people's rights are being respected in different situations and think about how people may feel if their rights are not respected.
Communication	Develop the use of body language to share ideas and feelings positively.
Collaboration	Identify what makes a team special and explore how it feels to be part of a team.
Initiative	Share ideas with others whilst being involved in the planning and development of an activity.
Independence	Begin to look at ways to independently take responsibility for our learning in the classroom.
Theme	Objective
Resilience and Adaptability Growth Mindset	Think about mindset and attitudes and reflect upon how it determines how we respond to situations.
Resilience and Adaptability Resilience	Understand why it is important to keep trying when attempting tasks. Indicate what we struggle with and how this feels.
	Understand what determination is and identify struggles and difficulties. Come up with ways to help overcome difficulties and stay determined.
Resilience and Adaptability Managing Feelings	Identify if a feeling is comfortable or uncomfortable. Describe what makes us feel unhappy or cross. Think about what we could do to help others if they were feeling unhappy or cross.
	Describe a time of change in our life. Discuss how change and loss make us feel.
	Be introduced to self-control of our thoughts, feelings and behaviour through Chimp Management.

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Organisation	Be a positive team member, contributing to the planning of an activity/team game.
Self-discipline	Identify what contributes towards being healthy. Explore what it means to have a healthy body and mind.
Leadership	Be able to lead one or more peers to complete a task.
Confidence	Recognise that our own thoughts and feelings are important. Begin to share what we think and feel with confidence.