



7.5.2024

Year R Newsletter

With the weather warming up last week, we were finally able to plant some seeds out in the garden. Some photos have been added to X.

If you do any planting or gardening with your child at home please try to take some photos and add them to Tapestry along with any Spring nature walks you might go on (this will also fit with the rainbow challenge outlined below).

School Trip

The weather is looking good for our trip tomorrow, however still give your child a light jacket with a hood if possible. Children should be in their normal school uniform and bring a packed lunch and water bottle with them. They do not need to bring school bags.

Please do not give your child a lunch box but put their lunch in a bag that can be easily disposed of/recycled. Do not send your child with too much food, we will not be bringing anything back with us. Water should be in their normal bottle that they use at school, we will refill these if necessary.

Please check that your child's name is on everything.

Rainbow Challenge

RESILIENCE AND ADAPTABILITY	
Resilience is about being able to cope with things we find difficult and not being able to do something; it is what makes us try again, and again, to be successful. Adaptability is about learning from an experience and changing our approach to something so that we are successful.	
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Emotional resilience	I can say what makes me happy. I can say what makes me sad.
Practising mindfulness	Take a Brain Break on at least three occasions Go on a mindful walk, outside. Slowly walk around the space, really noticing what you see, hear and feel and talk about this with an adult. If something captures your attention, spend some time really watching it, quietly and calmly, and then continue on your mindful walk.
Learning a new skill	With an adult to help you, try to learn a completely new skill.

The latest Rainbow Challenge is set out here. The challenge is optional but if your child would like to take part, to earn a rainbow pin, then they need to complete all the activities.

Evidence can be added to Tapestry in the following way.

Make a new observation for your child on Tapestry with the title Communication and Collaboration.

Please add evidence for all challenges to the **same** observation; this can take the form of photos and videos.

You have until **24th May** to upload your evidence. **All parts of the challenge must be completed to earn the pin.** Any evidence added after this date will not be considered.

School uniform

Whether your child is in winter or summer uniform please ensure that they have a jumper/cardigan in school every day. Double check that your child's name is still on all of their belongings.

Reading books

This week we will change green group's reading book on Thursday.

Thank you for your continued support.