



We hope that you had an enjoyable half term. This week we start our Autumn topic. Please look at the overview attached with ideas of how we will explore this at school. If your child would like to bring in some Autumn 'treasures' (conkers, acorns, leaves...) to add to our Autumn table, they are very welcome.

Phonics

This week we are learning:

Chapter 2 Set 4



Phonics Shed

Maths– It's Me 1,2,3

In Maths, we are learning about the numbers 1,2 and 3. To support at home, ask your child to quickly count out 1,2 and 3 objects from a larger group. Play a game where you show them 1,2 or 3 objects and get them to say quickly how many are there.

Prayer Bear

One child every week will have the opportunity to take our class 'Prayer Bear' home. Prayer bear will come home in a bag that also contains a battery-operated candle and a book. Children can say a prayer with the bear and an adult can write this in the book. Please keep prayer bear safe at home and return him to school on Monday.

Power Project

Details about this term's Power project (information was circulated before half term) are attached here.

Please add any photos to one observation on Tapestry as this makes it much easier for me to track who has completed which challenges.

Baptism Photos

If you have any photos of your child being baptised or taking part in some other welcoming/name ceremony please put some pictures on Tapestry so we can share and discuss them in class as part of our RE topic 'Welcome' which will continue in to next term.

Thank you for the baptism photos that have already been sent. It is not too late to add photos to Tapestry.

Curriculum focus- Write Dance

Write dance helps children to move in particular ways to specifically chosen music. In the first week, the children move in time to the music and copy actions shown to them designed to stretch and work different groups of muscles in the body (back, arms, shoulders) all of which need to be strengthened in order to hold a pencil and form letters accurately. In the second week, the children are given crayons- one in each hand. Using the actions from the week before, they draw in time to the music. The children are encouraged to squat rather than kneel to help them build up their core muscles.

The classical music explores different themes- for example this week's music focuses on volcanoes, and we do actions to mimic those of a volcano. Later there is 'robot' and 'growing' music.

As well as covering many aspects of **Physical Development**, 'Write Dance' also helps to develop the area of **Expressive Art and Design** as well as aspects of **Understanding the World**.

Please find a new dinner menu attached for this term.

Thank you for your continued support.

Term 2
Overall theme: Autumn


Drawing Club: The Enormous Turnip The Gingerbread Man	Stories/Books: Owl Babies The Owl who was Afraid of the Dark Oliver's Wood Tappity-Tap! What was that? Information books
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Area of learning		Early Learning Goal (small steps)	Activities/Ideas
<u>Communication and Language</u>	Listening, Attention and Understanding	respond with relevant questions	Listen and respond to stories Ask questions about season/ animals. Adults can use non-fiction books to find the answers.
		ask questions to clarify their understanding	
	Speaking	Offer explanations for why things might happen	Retell stories Use descriptive language to describe animals and the changing seasons.
		Use full sentences	
Use conjunctions			
<u>Personal, Social and Emotional Development</u>	Self-Regulation	Show an understanding of their own feelings	Discuss things that scare them like the owl in the story and share ideas about what can make them feel better.
	Managing Self	Understand the importance of healthy food choices.	Using the story of 'The Enormous Turnip' children can choose what else could be added to the soup to make it healthy.
<u>Physical Development</u>	Fine Motor skills	use a range of small tools paint brushes	Create Autumn scenes Cut out and decorate gingerbread man Do bark rubbings
<u>Literacy</u>	Comprehension	retell stories and narratives	Use props/pictures to retell stories Act out stories
		use their own words and recently introduced vocabulary	
	Writing	write recognisable letters	Label Autumn/animal pictures using letters that they know eg. 's' for squirrel
		represent the sounds with a letter or letters	
<u>Understanding the World</u>	Past and Present	understand the past through settings,	Use the story of The Enormous Turnip to discuss differences between past and present eg. Where do most people get their food from now?
	The Natural World	explore the natural world around them	collect autumn 'treasures' look at the differences between collected leaves make autumn art explore books about Autumn
		draw pictures of animals and plants	
		understand the seasons	
<u>Expressive Arts and Design</u>	Creating with Materials	experiment with texture	take bark rubbings/leaf rubbings create art showing autumn scenes make shadow puppets explore light and dark make fireworks pictures
		explain the process they have used	
		make use of props and materials	
	Being Imaginative and Expressive	recount narratives and stories	Act out the stories Retell the stories
		perform stories	



POWER PROJECT Autumn challenge

Our topic next term is all about Autumn so I would love for you to complete some of the following Autumn related challenges.

- Go on a walk, taking photos of signs of Autumn.
- Collect some Autumn 'treasures' (leaves, conkers, acorns etc.).
Use your treasures to make a repeated pattern. 
- Make some Autumn art eg. draw and colour an Autumn scene, use the items you collected to make a collage or do some leaf rubbings. Be creative!

Completing this challenge will earn you a Power project pin for your lanyard.

- To achieve a bronze pin complete one activity.
- To achieve a silver pin complete 2 activities.
- To achieve a gold pin complete 3 activities.

To show that the challenges have been completed please add an observation on Tapestry with the title Power Project Autumn. All completed challenges should be added to the same observation and be uploaded no later than 4th November.

We would welcome any of the 'treasures' you collect to use at school.

NOVEMBER TO
MARCH 2026

GROW WITH US
NOURISH



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	<p>Chicken Pie 1 Pesto & Pea Pasta 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Crushed Potato Cauliflower, Carrots</p> <p>Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Margherita Pizza 1,3,7 V Bean Biryani VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rainbow Pasta 1 Seasonal Vegetables</p> <p>Fruit Jelly & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Gammon & Gravy Broccoli Tots 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes or Jollof Rice Cabbage, Peas</p> <p>Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Bolognese Pasta Bake 1,7 Loaded Bean Chilli Wedges VG Jackets with a Choice of Toppings 7,8,9</p> <p>Green Beans Grated Carrots</p> <p>Parsnip Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8 Vegetable Sausage VG Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Sweetcorn, Baked Beans Cucumber Sticks</p> <p>Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG</p>
WEEK TWO	<p>Caribbean Brown Chicken Stew Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Carrots, Peas</p> <p>Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Cheese & Broccoli Alfredo Pasta 1,7 V Buffalo Cauliflower Wings & Wedges VG Jackets with a Choice of Toppings 7,8,9</p> <p>Seasonal Vegetables</p> <p>Plum Pudding 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Chicken & Gravy Ratatouille Puff 1,3 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes or Jollof Rice Broccoli, Carrots</p> <p>Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Stew & Dumpling 1 Pesto Pasta Bake 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Cauliflower, Green Beans</p> <p>Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Salmon Bites 1,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Coleslaw 9</p> <p>Marble Cookie 1 VG Yoghurt 3,7 Fruit Pots VG</p>
WEEK THREE	<p>Spicy Arrabiata Pasta 1VG Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rice, Green Beans, Mixed Salad</p> <p>Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Chinese Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Sweetcorn, Peppers</p> <p>Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG</p>	<p>Roast Pork & Gravy Vegan Sausage Roll 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Rustic Roast Potatoes or Jollof Rice Green Beans, Carrots</p> <p>Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Beef Cottage Pie Herby Tomato Pasta 1 VG Jackets with a Choice of Toppings 7,8,9</p> <p>Seasonal Vegetables</p> <p>Beetroot Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG</p>	<p>Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9</p> <p>Chips, Peas, Baked Beans, Grated Carrot</p> <p>Caramel Flapjack 1,7,15 V Yoghurt 3,7, Fruit Pots VG</p>

Primary 3 Cath

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

**AVAILABLE
DAILY**

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

